

P6-12-013 Student-Athlete Concussions

Henrico County Public Schools desires the safe return to activity for all student-athletes participating in extracurricular physical activities following an injury, but particularly after a concussion. A concussion is a type of brain injury that is characterized by an onset of impairment of cognitive and/or physical functioning, and is caused by a blow to the head, face or neck, or a blow to the body that causes a sudden jarring of the head (i.e., a helmet to the head, being knocked to the ground). A concussion can occur with or without a loss of consciousness, and proper management is essential to the immediate safety and long-term future of the injured individual. **The Henrico County Public School's concussion management plan is contained in Policy P6-09-004 MANAGEMENT OF STUDENTS WHO SUSTAIN A CONCUSSION.**

~~The goal of the HCPS policy is to ensure that (i) all coaches, school staff, volunteers, student athletes, and their parents/guardians must be made aware of the short term and long term effects of concussions; (ii) concussed students must be identified, removed from play immediately, and referred appropriately; and (iii) concussed student athletes are returned to play only after receiving appropriate medical care, given adequate time to heal, and are symptom free.~~

Refer to **Policy P6-09-004 MANAGEMENT OF STUDENTS WHO SUSTAIN A CONCUSSION**

Last Reviewed September 2019