

When should a student stay home?

- If the student has a fever of 100.4 or greater before taking fever reducing medication.
- If the student is vomiting or has diarrhea because of illness.
- If the student has an unknown rash or possible contagious condition.
- If the student is unable to focus due to pain, chronic health condition, or acute illness.
- If the student has flu-like illness (with or without fever). Examples would be headache, fatigue, cough, aches, weakness, sore throat.
- If the student has COVID-19 symptoms (with or without fever). Examples would be cough, sore throat, chills, headache, muscle or body aches, vomiting or diarrhea, new loss of taste or smell, severe abdominal pain.
- Please be prompt when picking up your ill or injured child in order to minimize their chance of spreading or acquiring a contagious illness. The student must be picked up within 1 hour of the parent or guardian being notified.
- A student must be free of symptoms of contagious disease for 24 hours before returning to school. This means the student should be fever free without fever reducing medication, and symptom free for 24 hours before returning to school. If a child is dismissed from the clinic due to an illness they may not return the next day.

Allergic Reactions

Henrico County Public Schools stocks Epinephrine injections in the event of a life-threatening allergic reaction. This stocked epinephrine is only available during the regularly scheduled school day, on school grounds, and must be administered by trained personnel. At least two staff members at every school are trained to administer the emergency medication in the event of a life-threatening allergic reaction.

Health Conditions

Parents, if your child is diagnosed with life-threatening allergy or any health condition that may require school staff action, please notify the school nurse right away. As usual, parents are expected to provide their own child's prescribed medication to the school annually, along with physician approved health-related information and forms. See website for forms.

Healthy Habits Lead to Learning

- Make sure your child eats a good breakfast.
- Communicate with the school nurse about your child's health issues.
- Remember to complete and return needed health forms each school year.
- Keep ill children at home. This prevents the spread of illness at school.
- Notify the school when phone numbers change so we can locate you in an emergency.
- Help your child understand the difference between discomfort and true illness.
- If your child has head lice, please notify the school so that proper measures can be taken to prevent re-infestation.

Student Health Services



Student Health Services includes registered nurses, licensed practical nurses, clinic aides, and a nurse supervisor. The department operates under guidelines specified by the Code of Virginia, the State Board of Nursing, Virginia Department of Health, Department of Education, and is directed by Henrico County Public School's Department of Human Resources. Student Health Services works closely with the student's family and school personnel to meet the physical, mental, emotional, and social needs of each student.



School Health Services
Henrico County Public Schools
(804) 343-6504

<http://www.henricoschools.us/health-safety/>

Student Health Services:

Monitors for communicable diseases such as influenza, measles, mumps, chicken pox, scarlet fever, as well as others.

Immunization reviews are conducted in collaboration with the Virginia Department of Health to ensure compliance with Virginia State Laws. Upcoming kindergarten, new to the county and 7th grade students must submit updated immunizations in order to be admitted.

Assesses and refers students with infections or suspected illnesses of the body and skin such as pinworm, ringworm, head lice scabies, impetigo and skin rashes. This includes skin problems caused by fungus, bacteria, or other types of dermatitis.

Collaboration as part of the school team with the parent and student to ensure the student's health needs are met for optimal learning including, but not limited to: asthma, diabetes, and head injuries including concussions.

Vision screenings are done for all new students and for students in grades 3, 5, 7, 10, and as needed at the request of the parent/teacher, or for evaluations.

Hearing screenings are done for all new students and for students in grades 3, 7, and 10, and as needed at the request of the parent/teacher, or for evaluations.

A mandated HPV letter is sent to the parents of all 5th graders each spring.

A mandated notification of scoliosis and eating disorders is available annually to all families.

Individual medical counseling and guidance for students with medical needs.

Numerous health education programs throughout the school year, including dental, nutrition, and hand washing education.

Records are kept on each student's health progress and are a part of the permanent educational record.

Registration for new students is conducted by the school registrar with assistance from the nurse to ensure adherence to physical and immunization laws. All new students must have a physical that is signed and dated by a licensed physician within 12 months before entering kindergarten and must be immunized in accordance with state mandates.

The School Health Advisory Board is a group of parents, community members, and HCPS stakeholders who meet quarterly in order to review health policy and make recommendations to the school board based on best practice. Call to inquire about membership or meetings.



Medications



- Permission forms are completed by the parent or guardian, including the student's name, room number, and physician's name, name of medication, and time and amount to be given. A physician's order must accompany prescription medications along with the parent's signature on permission form.
- These forms should be given to the nurse so that she will be aware of the student's condition and observe for possible reactions.
- The parent must bring the medication to school. The container must have a current pharmacy label. Many pharmacies will prepare special bottles for school use if requested. Medications are stored in a locked cabinet in the clinic.
- Over-the-counter medications can be administered to the student with written parental request. The dosage cannot exceed the recommendation by the manufacturer for the student's weight and height and/or age. Should the medication be given for more than three consecutive school days, a physician's order must be provided. Over-the-counter medication must be provided in an unopened container by the parent.
- Administration of medication is completed by licensed and unlicensed school staff.