

### **Apple Cinnamon Bosco Stick**

***Do not remove wrappers.***

Preheat Oven to 325°F.

Frozen: Bake 14-15 minutes

Thawed: Bake 7-8 minutes

or until internal temp reaches 165°F.

### **Eggo Mini Waffles**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat Oven to 350°F.

Place frozen pouches picture side up.

Bake 9-10 Minutes

or until internal temp reaches 165°F.

### **Chicken Mini Twin Sandwiches**

***\*For best results, heat from thawed state.***

***Thaw frozen sandwiches in refrigerator.***

Preheat Oven to 275°F.

Heat sealed / wrapped sandwich for 26-28 minutes

or until internal temp reaches 165°F.

### **IW Chicken Sausage Biscuit**

***\*Keep frozen until ready to cook. Do not remove wrapper.***

Preheat oven to 300°F.

Bake 20-30 minutes

or until internal temp reaches 165°F.

### **Iced Cinnamon Roll**

Thaw at room temperature for 2 hours, or in refrigerator overnight, prior to serving.

### **Grilled Cheese Sandwich**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat oven to 350°F.

Bake 18-20 minutes

or until internal temp reaches 165°F.

### **Turkey & Cheese Whole Grain Hoagie Sub**

Thaw in refrigerator overnight. Do not heat sandwich in the oven in the film.

### **Chicken Drumsticks**

***\*Keep frozen until ready to cook.***

Preheat oven to 350°F. Place frozen chicken on a parchment lined baking sheet.

Bake 25-30 Minutes

or until internal temp reaches 165°F.

### **Chicken Tenders**

***\*Keep frozen until ready to cook.***

Preheat Oven to 400°F.

Bake 11-13 Minutes

or until internal temp reaches 165°F.

### **Breakfast Pizza**

***Keep frozen until ready to cook. Do not remove wrappers.***

Preheat oven to 375°F.

Bake 15-17 minutes

or until internal temp reaches 165°F.

### **French Toast**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat Oven to 350°F.

Frozen: Bake 8-10 Minutes

Thawed: Bake 4-5 Minutes

or until internal temp reaches 165°F.

### **Pancake Chicken Sausage & Cheese Sandwich**

***\*Keep frozen until ready to cook. Do not remove wrapper.***

Preheat oven to 350°F.

Bake 20-22 Minutes

or until internal temp reaches 165°F.

### **Chicken Biscuit**

***Biscuit:***

Preheat oven to 400°F.

Frozen: Bake 20-22 minutes / Thawed: Bake 10-12 minutes

***Chicken:***

***\*Keep frozen until ready to cook.***

Preheat oven to 350°F. Bake 15 minutes

or until both internal temps reach 165°F.

### **Ultimate Breakfast Round**

Thaw at room temperature for 2 hours, or in refrigerator overnight, prior to serving.

### **Wow Soy Butter & Jelly Sandwiches**

***\*Keep refrigerated until served.***

Product can be held for 10 days in refrigeration.

### **Turkey Ham & Cheese Whole Grain Hoagie Sub**

Thaw in refrigerator overnight. Do not heat sandwich in the oven in the film.

### **Chicken Filet Sandwich**

***\*Keep frozen until ready to cook.***

Preheat Oven to 350°F.

Bake 10-12 Minutes

or until internal temp reaches 165°F.

### **Honey Sriracha Glazed Boneless Wings**

***\*Keep frozen until ready to cook.***

Preheat Oven to 350°F.

Bake 12-15 Minutes

or until internal temp reaches 165°F.

### **Eggo Mini Pancakes**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat Oven to 350°F.

Place frozen pouches picture side up.

Bake 9-10 Minutes

or until internal temp reaches 165°F.

### **Mini Bagels**

Thaw at room temperature for 2 hours, or in refrigerator overnight, prior to serving.

### **Cinnamon Toast Crunch Bar**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat Oven to 350°F.

Frozen: Bake 8-10 Minutes

Thawed: Bake 4-5 Minutes

or until internal temp reaches 165°F.

### **Sausage Patty**

Preheat oven to 325°F.

Frozen: Bake 9-11 minutes

Thawed: Bake 7-9 minutes

or until internal temp reaches 165°F.

### **Nardone's Pizza**

***\*Keep frozen until ready to cook.***

Preheat oven to 400°F.

Bake 20 minutes

or until internal temp reaches 165°F.

### **Anytimers Lunch Kit**

***\*Keep refrigerated until served.***

Product can be held for 10 days in refrigeration.

### **Ciabatta Cheese Melt**

***\*Keep frozen until ready to cook. Do not remove wrapper.***

Preheat oven to 350°F.

Bake 18-20 Minutes

or until internal temp reaches 165°F.

### **Chicken Nuggets**

***\*Keep frozen until ready to cook.***

Preheat oven to 350°F. Place frozen chicken on a parchment lined baking sheet.

Bake 6-8 Minutes

or until internal temp reaches 165°F.

### **Cheeseburger Sliders**

***\*Keep frozen until ready to cook. Do not remove wrappers.***

Preheat Oven to 325°F.

Frozen: Bake 20-25 Minutes

Thawed: Bake 15-20 Minutes

or until internal temp reaches 165°F.

**Corn Dog Nuggets**

***\*Keep frozen until ready to cook.***

Preheat Oven to 350°F.

Bake: 8-10 minutes

or until internal temp reaches 165°F.

**Wild Mike's Pizza**

***\*Keep frozen until ready to cook.***

Preheat Oven to 325°.

Frozen: Bake 13-15 Minutes

Thawed: Bake 11-13 Minutes

or until internal temp reaches 165°F.

**Mini Cornbread Muffins**

***\*Simply thaw from freezer for approximately two hours, or place in microwave for approximately***

***30 seconds on high power.***

***Remove all packaging from product before placing in any heating device.***

**Mac & Cheese**

Place mac & cheese in a microwave safe bowl and heat 30 seconds – 1 minute

or until warm or internal temp reaches 165°F.

**Taquitos**

Preheat oven to 350°F.

Frozen: Bake 14 minutes

Thawed: Bake 10 minutes

or until internal temp reaches 165°F.

**Cheeseburger**

***\*Keep frozen until ready to cook.***

Preheat Oven to 350°

Bake 15 minutes

or until internal temp reaches 165°F.

**Vegetables**

Place vegetables in a microwave safe bowl and heat 30 seconds – 1 minute

or until warm or internal temp reaches 165°F.

**Prewrapped items**

***\*Do not remove wrapper.***

Place prewrapped items in the microwave and heat 30 seconds – 1 minute

or until warm or internal temp reaches 165°F.

**Potato Crunch Pollock Fish**

***\*Keep frozen until ready to cook.***

Preheat Oven to 400°F.

Bake: 12-14 minutes

or until internal temp reaches 165°F.

**French Fries**

***\*Keep frozen until ready to cook.***

Preheat Oven to 425°F.

Frozen: Bake 9-13 Minutes

or until internal temp reaches 165°F.

**Taco Meat**

Place vegetables in a microwave safe bowl and heat 30 seconds – 1 minute

or until warm or internal temp reaches 165°F.