

## Student Health Services: (When should a student stay home)

1. If the student has a **fever of 100.4 degrees** or greater before taking a fever reducing medication.
2. If the student is **vomiting or has diarrhea** because of illness.
3. If the student has an unknown **rash** or possible **contagious** condition.
4. If the student is unable to focus due to: pain, chronic health condition, and acute illness.
5. If the student has **flu-like illness** (with or without fever) -- headache, tired, cough, aches, weakness, sore throat.

Please be **prompt** when picking up your ill or injured child in order to minimize their chance of spreading or acquiring a contagious illness.

A child should be free of symptoms of contagious disease (fever, vomiting, diarrhea, suspicious rash, etc.) **for 24 hours before returning to school.**

## ALLERGIC REACTIONS \*NEW

Beginning with the 2012-13 school year, all public schools in Virginia are required to stock two **Epinephrine injectors** in case of a life-threatening allergic reaction. This "stocked" epinephrine is only available during the regularly scheduled school day, on school grounds, and must be administered by one of a two trained personnel. At least two staff members at every school are trained to administer the emergency medication in the event of a life-threatening allergic action.

Parents, if your child is **diagnosed** with a life-threatening allergy or any health condition that may require school staff action, please notify your school nurse right away. As usual, parents are expected to provide their own child's prescribed medication to the school annually, along with physician approved health-related information and forms. See webpage for forms.

## Healthy Habits Lead to Learning

1. Make sure your child eats a good breakfast.
2. Communicate with the school nurse and/or clinic attendant about your child's health issues.
3. Remember to complete and return needed health forms each school year.
4. Keep ill children at home. This prevents the spread of illness at school.
5. **Notify the school when phone numbers change so we can locate you in an emergency.**
6. Help your child understand the difference between discomfort and true illness.
7. **Notify the school if your child is absent.**
8. If your child has head lice, please notify the school so that proper measures can be taken to prevent re-infestation.



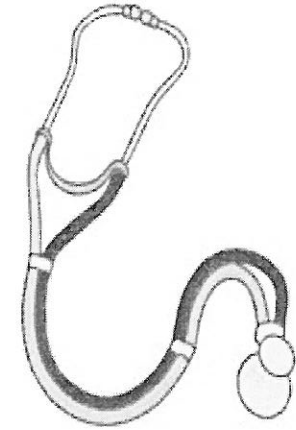
For more information contact:  
School Health Services  
Henrico County Public Schools  
Telephone: (804) 343-6504  
Website:

<http://www.henricoschools.us/health-safety/>



 **HCPS**  
Henrico County Public Schools

# Student



# Health Services

**Student Health Services** includes registered nurses, licensed practical nurses, clinic attendants, clinic aides and a nurse supervisor. The department operates under guidelines specified by the Code of Virginia, State Board of Nursing, Virginia Department of Health, Department of Education and is directed by Henrico County Public School's Department of Human Resources.

Student Health Services works closely with the student, family, and school personnel to meet the physical, mental, emotional, and social needs of each student.

**The function of the school nurse and clinic attendant** is to attend to the students' health needs. An unhealthy child has difficulty learning.

## Student Health Services:

**Continuous observation for communicable diseases** such as measles, mumps, chicken pox, scarlet fever, and hepatitis.

**Immunization reviews** are conducted in collaboration with the Virginia Department of Health to ensure compliance with Virginia State Laws. Upcoming kindergarten and 6<sup>th</sup> grade students must submit updated immunizations in order to be admitted.

**Assesses and refers students with infections or suspected illnesses of the body and skin** such as pinworm, ringworm, head lice, scabies, impetigo, and skin rashes. This includes skin problems caused by fungus, bacteria, or other types of dermatitis.

**Collaboration** as part of school team, with the parent & student to ensure the students health needs are met for optimal learning including not limited to: asthma, diabetes, concussions (head bumps or injuries)

**Vision screenings** are done for all new students and for students in grades 3, 5, 7, 10, as needed at the request of the parent or teacher, and during an evaluation for special placements to detect visual impairments.

**Hearing screenings** are done for all new students and for students in grades 3, 7, and 10, as needed at the request of the parent or teacher, and during an evaluation for special placements to detect hearing impairments caused by infections, accidents, or disease. Service is available at any grade level at the request of parent or teacher with parental permission and during an evaluation for special placements.

**A mandated HPV letter** is sent to the parent(s) of all 5<sup>th</sup> graders each spring.

**A mandated Notification of Scoliosis and Eating Disorders** are sent annually to all students.

**Individual medical counseling and guidance** for students with medical needs.

**Numerous health education programs** throughout the school year, including dental, nutrition, and hand washing education

**Records** are kept on each student's health progress and are filed in permanent educational folders and Power School. They are transferred from school to school as students move.

**Registration** for new students is conducted by the school registrar with assistance from the nurse, to ensure adherence to the physical and immunization laws. All new students must have a physical that is signed and dated by a licensed physician (PA or NP) within 12 months before entering kindergarten and must be immunized in accordance with state mandates.

**The School Health Advisory Board** is a group of parents, community members, and HCPS stakeholders who meet quarterly in order to review health policy and make recommendations to the School Board based on best practice. Call to inquire about membership or meetings.

## Medications

Permission forms are completed by the parent or guardian, including the student's name, room number, and physician's name, name of medication, and time and amount to be given. A **physician's order** must accompany prescription medications along with the parent's signature on permission form.

**Over-the-counter medications** can be administered to the student with written parental request. The dosage cannot exceed the recommendation by the manufacturer for the student's weight and/or age. Should the medication be given for more than **three** consecutive school days, a physician's order must be provided. Over-the-counter medication must be provided in an **unopened** container by the parent.

These forms are to be given to the nurse and/or clinic attendant so that she will be aware of the student's condition and observe for possible reactions.

The **parent** must bring the medication to school. This container must have a current pharmacy **label**. Many pharmacies will prepare special bottles for school use if requested. Medications are to be stored in a locked cabinet in the clinic office.

**Herbal medications** will **NOT** be given without written permission by a physician. Please include desired and adverse effects.

**Administration of medication is completed by licensed and unlicensed school staff.**